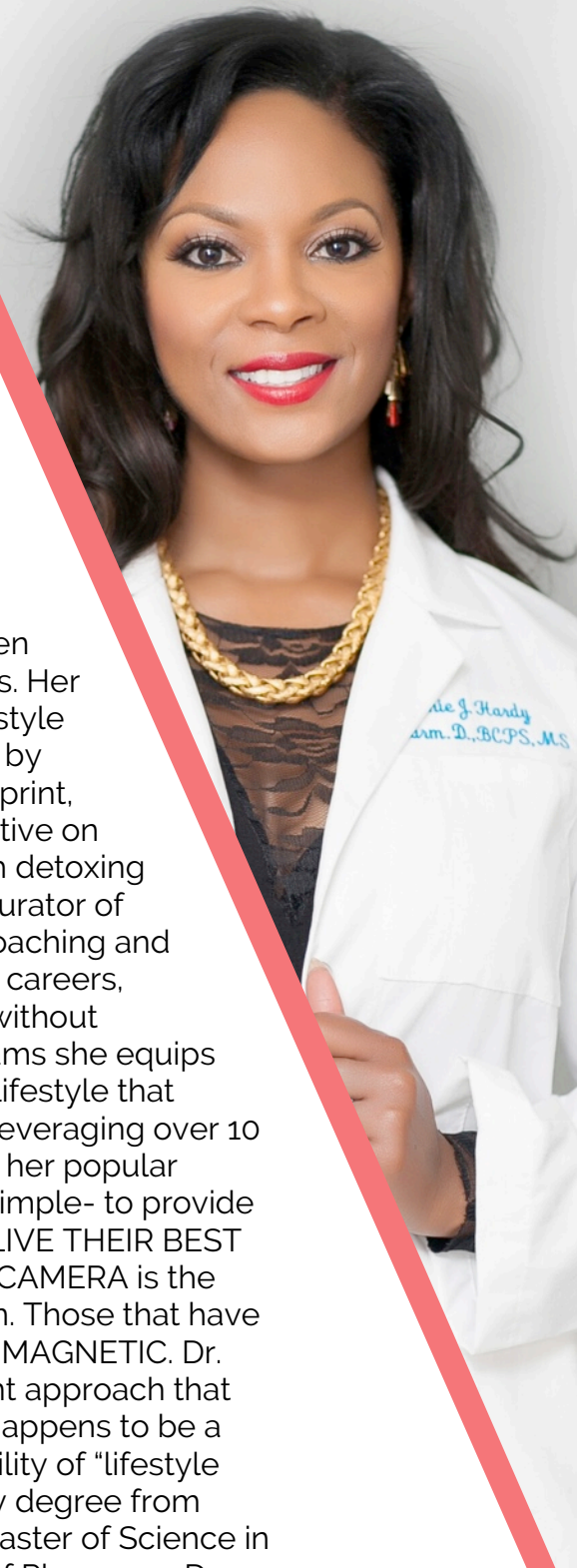


HIGHLIGHTS

- Board Certified Licensed Pharmacist
- Best Selling Author
- Founder and Chief Lifestyle Curator of Innovative Wellness LLC
- Industry expert in the emerging field of Lifestyle Pharmacy
- Practicing Clinical Pharmacist
- Well respected wellness expert

MORE THAN A DOCTOR

Dr. Jamie J. Hardy PharmD, BCPS, MS (Dr. Jamie) –is an experienced and well respected board-certified pharmacist. She travels throughout the globe speaking at conferences, companies, churches, and universities shedding light on proven strategies so young women can design the life of their dreams. Her relatable yet medically sound approach to making lasting lifestyle changes has earned her the title of “The Lifestyle Pharmacist” by audiences and colleagues. Dr. Jamie is highly sought after by print, online, radio, and TV media outlets to provide a fresh perspective on stress management, clean eating and finding balance through detoxing and meditation. Dr. Jamie is the Founder and Chief Lifestyle Curator of Innovative Wellness LLC, a lifestyle company that provides coaching and live workshops to teach young women who are busy juggling careers, businesses, and relationships to be fit, fabulous, and fulfilled without prescribed pills. Through her videos, books, blogs, and programs she equips them with the tools necessary to implement changes in their lifestyle that enhance the quality of their health and ultimately their LIFE. Leveraging over 10 years of clinical pharmacy experience, Dr. Jamie is the host of her popular YouTube series “It’s all about the LIFESTYLE!” Her mission is simple- to provide her followers The #FABSQUAD with actionable strategies to LIVE THEIR BEST LIFE. Dr. Jamie’s high energy approach to the STAGE and the CAMERA is the perfect blend of laughter, sass, and reliable health information. Those that have experienced her live KEYNOTE presentations describe her as MAGNETIC. Dr. Jamie combines her medical expertise with a NEW and vibrant approach that feels more like spending time with your best friend, that just happens to be a Doctor. Dr. Jamie is very passionate about increasing the visibility of “lifestyle pharmacy” to the world. She obtained her Doctor of Pharmacy degree from Xavier University of Louisiana College of Pharmacy and her Master of Science in Pharmacy Leadership from the University of Florida College of Pharmacy. Dr. Jamie completed a PGY-1 Residency at LSU Health Science Center in New Orleans and is a graduate of the ASHP Pharmacy Leadership Academy.



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